

CONFERENCE BOOK

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AIDA 2025

11th Abu Dhabi International Conference in Dermatology & Aesthetics



02-03 May, 2025 (In person)
04 May, 2025 (Virtual)



Conrad Abu Dhabi Etihad Towers,
United Arab Emirates

In association with



Welcome Message



Dear Colleagues,

On behalf of the Organizing and Scientific Committees, it is our great pleasure to welcome you to the **11th Abu Dhabi International Conference in Dermatology and Aesthetics (AIDA)**, taking place from May 2-4, 2025, at the prestigious Conrad Hotel in Etihad Towers, Abu Dhabi, UAE. "May 4th, will be held virtually to ensure greater accessibility for participants worldwide.

Building on the remarkable success of our previous editions, AIDA has established itself as a leading platform in the region for advancing dermatology and aesthetics as essential pillars of healthcare. This dynamic and ever-evolving field is fueled by constant research, innovation, and collaboration, making regular updates and discussions vital. The AIDA Conference continues to attract professionals from across the globe, offering a unique blend of inspiration, knowledge sharing, and groundbreaking ideas that are shaping dermatology and aesthetic medicine in the UAE, the Middle East, and beyond.

This year, our dedicated Scientific Committee has curated a comprehensive three-day program featuring renowned national and international experts. Their exceptional insights will ensure a world-class experience, covering a wide range of topics that reflect the latest advancements in our field. The conference will focus on delivering evidence-based updates while addressing key challenges, emerging trends, and controversial topics in dermatologic surgery, aesthetic dermatology, anti-aging techniques, and laser technology. Through these discussions, we aim to enhance patient outcomes and empower practitioners with cutting-edge knowledge.

In addition to the robust scientific program, we have designed a variety of interactive and engaging activities to enrich your experience. These include hands-on workshops, meet-the-expert sessions, IMCAS Alert discussions, keynote presentations, case studies, live demonstrations, poster competitions, and opportunities for abstract submissions. Each of these is tailored to meet the diverse needs of skincare specialists and foster meaningful learning and collaboration.

We are confident that this year's conference will not only provide an unparalleled learning experience but also serve as a valuable platform for networking and building professional relationships. Together, we can continue to push the boundaries of innovation in dermatology and aesthetics, ultimately enhancing patient care and elevating the standards of our profession.

We look forward to welcoming you to Abu Dhabi from May 2-4, 2025, for this prestigious event where knowledge, collaboration, and excellence come together. Let us work hand in hand to shape the future of our field.

Dr. Khaled Othman
Founder and Conference President,
Consultant Dermatology & Aesthetics
Chairman of Skin & Slim Medical Center,
Abu Dhabi, UAE

Dr. Meera Al Adawi
Conference Vice President
Sheikh Khalifa Medical City (SKMC),
Abu Dhabi, UAE

Dr. Ahmed Salem Al Dhaheri
Organizing Committee Chair
Consultant and Head of Dermatology,
Cleveland Clinic, Abu Dhabi, UAE

Dr. Fatima Hasan Al Marzooqi
Scientific Committee Chair
Consultant Dermatologist,
Head of Dermatology Department
Zayed Military Hospital, Abu Dhabi, UAE

Dr. Huda Rajab Ali
Scientific Committee Co-Chair,
Chair of Dermatology Department,
AHS-SEHA, Abu Dhabi, UAE

Dr. Raghda Almaashari
Scientific Committee Co-Chair,
Dermatology Consultant,
Cleveland Clinic Abu Dhabi, UAE

Organizing Committee



Dr. Ahmed Salem
Al Dhaheri,
Organizing Chair Committee
UAE



Dr. Omar Alameri
Co-Chair of Organizing
Committee, UAE



Dr. Khaled Othman
UAE



Dr. Shihadah Salamah
UAE



Mr. Khaled Afify
UAE

Scientific Committee



Dr. Fatima Hasan
Al Marzooqi,
Scientific Committee Chair
UAE



Dr. Huda Rajab Ali
Scientific Committee
Co-Chair, UAE



Dr. Raghda Almaashari,
Scientific Committee
Co-Chair, UAE



Dr. Khaled Othman
UAE



Dr. Hussein Abdel Dayem
UAE



Dr. Sahar Al Nowais
UAE



Dr. Ahmed Mohsen
Ameen,
UAE



Dr. Benjamin Ascher
France



Dr. Fatma Mostafa
UAE



Dr. Ahmed M. Sadek
Egypt



Dr. Mohammed
Abuzakouk
UAE



Dr. Mohamed Abozeid
Egypt



Dr. Ashraf Badawi
Canada



Dr. Reem Al Neyadi
UAE



Dr. Thomas Berger
UAE



Dr. Shaden Abdelhadi
UAE



Dr. Alia AlMualla
UAE



Dr. Amna Al Zaabi
UAE



Dr. Mohamed Madbouly
UAE



Dr. Enas Attia
UAE



Dr. Mariam AlZaabi
UAE



Dr. Ameen Alawadhi
UAE

Advisory Board Committee



Dr. Ashraf Badawi
Chair of Advisory Committee,
Canada



Dr. Najla Taher
Co-Chair of Advisory
Committee, UAE



Dr. Huda Rajab Ali
UAE



Dr. Raghda Almaashari,
UAE



Dr. Peter Peng
Taiwan



Dr. Chytra V. Anand
India



Prof. Hasan El-Fakahany
Egypt



Dr. Fahad Usman
Pakistan



Dr. Mohamed Faihan
Al Otaibi
Kuwait



Dr. Dimitre Dimitrov
UAE



Dr. Dana AlKhaja
UAE



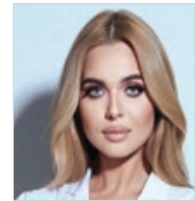
Dr. May Hussein
El Samahy
Egypt



Dr. Wafaa Afify
Hammad
Egypt



Dr. Paraskevas P.
Kontoes
Greece



Dr. Patricija Kasilovska
Italy



Dr. Nour Kheder
UAE



Dr. Yasser Elassiuty
UAE



Dr. Maha Ezzat Hossain
Egypt



Dr. Ahmed Nough
Egypt



Dr. Ahmed Kadah
Egypt



Prof. Gen. Maged
Elsheikh
Egypt

Learning Objectives

- Review current state-of-the-art advances in Dermatology, Aesthetics, Anti-aging Medicine, Laser and Cosmetics
- Apply gained knowledge to the care and treatment of patients
- Recognize new and evolving therapies for various conditions involving the skin.
- Apply clinical practice recommendations and evidence-based guidelines to advance patient care in daily practice
- Implement evidence-based best practice strategies
- Apply the various treatment options available

Highlighted Topics Include:

Dermatological Diseases

- Allergy
- Psoriasis
- Advanced in Acne
- Hair Care
- Hair Therapies and Transplantation
- Bald disease and Alopecia Areata
- Clinical Dermatology
- Dermatology: Therapies & Advances
- Diagnostic Techniques in Dermatology
- PIGMENTARY DISORDERS (vitiligo, melasma, melanoma, hyper-pigmentations)
- Nail disorders
- Photodynamic therapy in medical and Aesthetic Dermatology
- Psychodermatology
- Dermatological Oncology
- Burns
- Paediatric Dermatology
- Acute dermatological Diseases
- Skin-Toxic Pharmacology
- Skin Cancer
- Clinical Immunology
- Viral Skin Infection
- Bacterial Skin Infection
- Rosacea - Update on Latest Treatments

Laser Therapy

- (acne treatment, vascular, resurfacing treatment of melasma and pigmentary disorders, hair growth and diode), + work shop
- Advanced laser treatment for skin diseases

Cosmetic Dermatology

- Botox update+ work shop
- Fillers updates+ work shop
- The world of Chemical peels
- PRP and Mesotherapy hot topics
- Aging Dermatology
- Forever young concept
- Medical skin care and rejuvenation
- Peri-orbital and dark circles treatment
- Comprehensive acne scar treatment
- Perioral rejuvenation
- Treatment Options for Women's Hair
- Loss
- Pearls to Rejuvenate Aging Knees
- Things You Did Not Know You Could do with a Filler
- Fillers complications
- Non surgical lipodissolve

Minimal invasive Surgeries

- Non-invasive Lifting and tightening of the skin + work shop
- Stem cells and fat grafting
- Body contouring
- Hand and face rejuvenation
- Threads face and body lifting
- Female genital aesthetic
- Male genital aesthetic
- Facial lipoesculpture
- Liposuction and fat grafting
- Nose correction

Target Audience

- Clinical Dermatology
- Pediatric Dermatology
- Cosmetic Dermatology
- Psychodermatology
- Dermatological Oncology
- Aesthetic Medicine
- Anti-aging Medicine
- Plastic Surgery
- General Surgery
- Obstetrics & Gynecology
- Dental Medicine
- Family Medicine
- General Practitioners
- Nurses

Key Features

- Presentation by renowned speakers from over the world
- Poster presentations and world class exhibits
- Interactive Sessions
- Platform for global networking
- Connecting scientific community

General Information

VENUE

Conrad Abu Dhabi Etihad Towers offers a 5 star luxury hotel and events venue of awe-inspiring design and extraordinary architecture, located in the iconic West Corniche district of Abu Dhabi.

NAME BADGES

Participants are required to wear their name badges throughout the meeting in order to be admitted to the lecture halls and other scheduled activities. Kindly ensure to scan in and scan out in the session halls attended.

REFRESHMENT AND LUNCH

Refreshment and lunch will be offered in accordance with the breaks indicated on the Agenda.
Lunch Area: Level P4 - Ballroom 1 & 2

MOBILE PHONES AND PHOTOGRAPHY

Participants are kindly requested to keep their mobile phones silent mode in the conference hall and refrain from taking photographs with flash during sessions.

LOCATION POINTS

Track 1:	Main Conference Hall - Level P4 - Ballroom 3 & 4
Track 2:	Meeting Room 1 & 2
Break-Out 3:	Meeting Room 3
Break-Out 4:	Meeting Room 4
Virtual:	Zoom Meeting
Speakers Room:	Level P4 - Chairman's Suite

FRIDAY PRAYER

Transportation will be available at the Conrad at Etihad Towers lobby at 12:45 Hrs, and the bus will depart promptly at 13:00 Hrs. It will take the delegates to the nearest mosque and bring back to the hotel afterward.

ABSTRACT

Abstract Digital Posters will be on display the entire day of the conference from 2 - 3 May 2025.
Announcement of Dermatology Poster Winners will take place on 2 May 2025.
Announcement of Aesthetics Poster Winners will take place on 3 May 2025.

CME ACCREDITATION

The 11th Abu Dhabi International Conference in Dermatology & Aesthetics has been accredited by the Department of Health and is designated for a maximum of **18.45 DOH CME** credits.



Delegates based in Abu Dhabi/ UAE, are required to claim their certificate through the DOH TAMM application. The certificate can be claimed within 60 days from the conference start date, after this period certificates will no longer be available for claim.

DAY 1, Friday 02/05/2025 is
Accredited for **08.08 CME** Hours

DAY 2, Saturday 03/05/2025 is
Accredited for **07.58 CME** Hours

DAY 3, Sunday (Virtual) 04/05/2025 is
Accredited for **02.79 CME** Hours

CERTIFICATE OF ATTENDANCE

- Please ensure to scan in your name badge in the session halls attended.
- CME points are accumulated based on attended hours.
- A notification containing the link and instructions on how to download the certificates will be sent to your registered email address.
- Please note that you are required to complete the online evaluation of the conference before you can access the link to download your CME certificates. It is your responsibility to download and retain a copy of the certificate for your records.
- Each medical specialist should claim only those credits that he/she actually spent in the educational activity.

Speakers



Dr. Dimitre Dimitrov
Adjunct Clinical Associate Professor /
Dermatology, Psychodermatology
CMHS, KU, Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Dr. Sara Mubarak
KSD Board Member,
Dermatology Specialist,
Al Adan Hospital, MOH,
Kuwait



Dr. Amira Elsayed Bayumi
Aesthetic Dermatology Specialist
Medical City polyclinic,
Oman



Dr. Abdalla Alakeel
President of the Saudi Society of Dermatology
and Dermatologic Surgery,
Associate Professor & Consultant,
Department of Dermatology,
College of Medicine, King Saud University,
Riyadh, Saudi Arabia



Dr. Ameen Al Awadhi
Consultant Dermatologist and
Dermatopathologist
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Prof. Nayera Moftah
Professor Dermatology and Venereology
Al-Azhar University,
Egypt



Dr. Ahmed Al Issa
Consultant in Dermatology,
Dermatology and Laser Surgery
American & Canadian Board of Dermatology
Derma Clinic,
Riyadh, Saudi Arabia



Dr. Ashraf Reda
Consultant Dermatologist, Adjunct Clinical
Associate Professor of Dermatology
Mediclinic Welcare Hospital, Mohamed
Bin Rashed University, College of Medicine
Dubai, UAE



Prof. Tove Agner
Professor at the University of Copenhagen
Consultant, Department of Dermatology
Bispebjerg Hospital in Copenhagen,
Denmark



Dr. Shaikhah Alabdulrazzaq
Senior Specialist Dermatologist
Mubarak Al-Kabeer Hospital,
Kuwait



Dr. Jacek Szepietowski
Professor and Chair of the
Department of Dermatology,
Venereology and Allergology
Wroclaw Medical University,
Poland



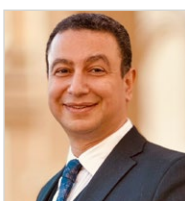
Dr. Yousef bin Amer
Assistant Professor and
Consultant Dermatologist
Chairman Department of Dermatology
King Faisal Specialist Hospital and
Research Centre,
Saudi Arabia



Dr. Ahmed Nouh
Executive Manager of Education Quality Assurance
Unit in Faculty of Medicine Al-Azhar University
Assistant Professor of Dermatology and
Venereology at Al-Azhar University
Head of Medical Internship Unit at Al-Azhar university
Consultant of Dermatology at the Police Academy Hospital
Head of Continuous Medical Education Unit at Al-Azhar University,
Cairo, Egypt



Dr. Abeer Tawfik
Professor of Laser Dermatology
National Institute of Laser Enhanced Sciences
Cairo University, Egypt



Dr. Khaled Gharib
Professor of Dermatology and Laser
Zagazig University,
Egypt



Dr. Louai Adnan Salah
Consultant Dermatologist
Reviva Clinic,
Saudi Arabia

Speakers



Dr. Ahmed Kadah
Head of Department of
Dermatology and Andrology
Faculty of Medicine, Al-Azhar University,
Egypt



Dr. Chytra Anand
Founder & President
Chief Cosmetic Dermatologist
Kosmoderma Clinics,
India



Dr. Leonard Josipovic
Consultant Plastic and Aesthetic Surgeon
German Board Certified,
Licensed in EU, Switzerland, Norway and
UAE



Dr. Faisal ALSubaiei
Specialist Dermatology, Cosmetic, Nail,
Skin Surgery and Laser
Adan and Alsalam Hospital,
Kuwait



Dr. Hussein Abdel Dayem
Consultant Dermatologist,
Mediclinic, Al Noor Hospital,
Abu Dhabi, UAE



Dr. Aqeel A. Muhanna Ghanem
Rheumatology Consultant
Mubarak Al Kabeer Hospital,
Kuwait



Dr. Zeeshan Ahmad
Consultant Plastic Reconstructive &
Aesthetic Surgeon &
Regenerative Medicine Physician
Private Practice,
UK, UAE & KSA



Dr. Amr Kotb
Founder, A-Touch Aesthetic Clinic
Dermatology, Dermatosurgery & Laser
International Trainer, KOL & Expert Injector,
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Dr. Sameer Al Ali
Dermato Cosmetologist Specialist,
Quality Care Medical Centre,
Abu Dhabi, UAE



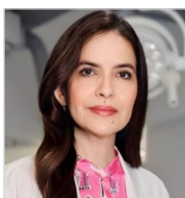
Prof. Dr. Filiz Canpolat
Private Dermatology Clinic,
Ankara, Turkey



Dr. Noha Gohdan Hussein Abdallah
Ph.D in Laser Applications in Dermatology
Lecturer, National Institute of Laser,
Cairo University,
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Dr. Ernesto Delgado Cidrane
NeuroAnesthesiologist, Pain Management,
Regenerative Medicine
University Hospital Vithas Madrid La Milagrosa,
Spain



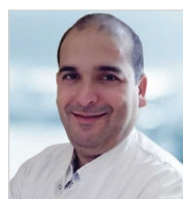
Dr. Zuramis Estrada Blanco
Gynecologist,
CEO and Medical Director of Cimeg Madrid
University Southeast Hospital. Madrid and
Cimeg Madrid Clinic,
Spain



Dr. Fahad Usman
President Academy of
Aesthetic & Regenerative Medicine (AARM)
Director Center For Aesthetic Medicine
The University of Lahore,
Pakistan



Dr. Manon Pilon
Laboratories DRUIDE Inc.,
R&D Director Medical Spa Consultant,
Canada



Dr. Hichem Bensmail
Obstetrician Gynecologist Surgeon
Bordeaux Women's Clinic,
France

Speakers



Dr. Marwa Abdallah
Head of Vitiligo Clinic,
Dermatology Department,
Ain Shams University,
Cairo, Egypt



Dr. Enas Attia
Consultant Dermatologist,
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Professor of Dermatology and Venereology,
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Dr. Fatema Khamdan
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Dr. Zahir Osman Eltahir Babiker
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FRCP Edin FRCP Lond DTM&H
Infectious Diseases
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Dr. Shaden Abdelhadi
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Dr. Ravi Gutta
Consultant Allergy and Immunology
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Dubai, UAE



Dr. Benjamin Ascher
Plastic Surgeon Board Certified,
Member of the French, American and
International Societies of Plastic, Reconstructive
& Aesthetic Surgery and Chairman &
Head of the "Tinklin Aesthetic Surgery Center",
Paris, France



Dr. Diala Haykal
Medical Director
Private medical Center,
Palaiseau, Île-de-France,
France



Dr. Omar Alameri
Consultant & HOD Plastic Surgery
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Wadima Mohammed AlHameli
MD, Zayed Military Hospital,
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Dr. Fatima Saleh Ali Alameri
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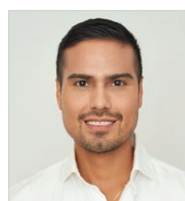
Dr. Medhat Emil Habib
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Abu Dhabi, UAE



Dr. Syed Sajjad Gilani
General Practitioner
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Jasem Alshemeili
Plastic Surgeon Specialist
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Jair Mauricio Cerón Bohórquez
Owner and Medical Director
Medical Contour, Hamburg,
Germany

Speakers



Dr. Annalisa Calisti
MD, PhD Regional Coordinator of the Italian
Society of Aesthetic Medicine,
Italy



Dr. Bhavishna Soni
Aesthetic physician
Bella Royal Polyclinic
Dubai, UAE



Dr. Ahmed Ameen
Consultant Dermatology
NMC Specialty Hospital
Abu Dhabi, UAE



Dr. Nabila Mahmoud Eid Rashid
Head of Dermatology
Medcare Hospital,
Dubai, UAE



Dr. Srikumar Goturu
Head of Dermatology Center and
Medical Director
Dr. Joseph's Polyclinic,
A Amber Clinic, Karama,
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Dr. Bejoy Peethambaran
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NMC Specialty Hospital,
Abu Dhabi, UAE



Dr. Reza Akef
Assistant Professor at McMaster University
Chairman of the Canadian Board of
Aesthetic Medicine (CBAM),
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Dr. Khaled Othman
Founder and Conference Chair
Consultant Dermatology & Aesthetics
Chairman of Skin & Slim Medical Center,
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Dr. Mariam Al Mansoori
Internal Medicine Board Certified
Rheumatology Specialist
Abu Dhabi, UAE



Dr. Yusra Salem Al Ali
Consultant Dermatology,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Prof. Martin Steinhoff
Chairman & Professor
Hamad Medical Corporation,
Qatar



Dr. Mohamed Madbouly
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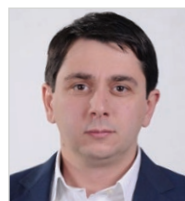
Dr. Mohamed Abuzakouk
Consultant in Allergy &
Clinical Immunology and
Allergy and Immunology Section Head
Respiratory Institute, Cleveland Clinic
Abu Dhabi, UAE



Dr. Shatha Hajjaj
Specialist Dermatologist
Burjeel Hospital,
Abu Dhabi, UAE



Dr. Albina Kajaia
Dermatologist, MD, PhD
Total Charm Vake Clinic
Tbilisi, Georgia



Dr. George Sulamanidze
Plastic surgeon, MD, PhD
Total Charm Clinic
Tbilisi, Georgia

Speakers



Dr. Mariam Ahmed Baqi
Consultant Dermatologist /
Medical Director and Founder
Nadhara Skin Center,
Kingdom of Bahrain



Dr. Isabel Hermenegildo
President of the Gyneco-Aesthetic
Committee, Portuguese Society of
Aesthetic Medicine (SPME)
Portugal



Dr. Matt Stefanelli
Plastic Surgeon, Enfield Royal Clinic,
Dubai, UAE



Dr. Waqas Saad
Consultant Dermatology & Venereology
AlQassimi Hospital/
Associate Professor
College of Medicine-University of Sharjah,
Sharjah, UAE

Conference Agenda

DAY 1 | Friday, 02 May 2025

TIME	TOPIC	SPEAKER
07:20 - 08:20	Registration	
08:20 - 08:25	Welcome and Introduction	Master of Ceremony
08:25 - 08:30	Welcome Remarks	Dr. Khaled Othman, UAE - Conference President

Plenary Session 1

Society Meeting Session (Main Hall)
Moderators: Dr. Abdalla Al Akeel, Prof. Nayera Moftah, Dr. Jawaher Alnaqbi, Dr. Mona Al Murrawi

08:30 - 08:45	Assessing the Impact of Skin Diseases on Quality of Life - Insights from the UAE	Dr. Dimitre Dimitrov, UAE
08:45 - 09:00	Bullous Pemphigoid: current and emerging therapies	Dr. Sara Mubarak, Kuwait
09:00 - 09:15	Cosmetic Medical Tourism: A Double-Edged Sword for Beauty Seekers	Dr. Amira Elsayed Bayumi, Oman
09:15 - 09:30	Pediatric Acne	Dr. Abdalla Al Akeel, KSA
09:30 - 09:45	Update AAD 2025	Dr. Ameen Al Awadhi, Bahrain/UAE
09:45 - 10:00	Neonatal dermatological emergencies	Prof. Nayera Moftah, Egypt
10:00 - 10:40	OFFICIAL INAUGURATION	
10:40 - 10:50	Coffee Break, Exhibition Visit & Online Networking Announcement of Dermatology Poster Winners	

Parallel Session 2

TRACK 1: HOT TOPICS IN DERMATOLOGY	TRACK 2: LASER SESSION UPDATES	BREAK-OUT A & B: FILLER WORKSHOPS
(Main Hall) Moderators: Dr. Ahmed Al Issa, Dr. Shihadah Salamah, Dr. Amin Elmubarak	(Meeting Room 3 & 4) Moderators: Dr. Abeer Tawfik, Dr. Ahmed Nough, Dr. Khaled Gharib, Dr. Diala Haykal	(Meeting Room 1 & 2)
10:50 - 11:05 Vitiligo updates and Jaki Dr. Ahmed Al Issa, KSA	10:50 - 11:05 RF Microneedling: From Basics to Innovations and Beyond Dr. Ahmed Nough, Egypt	10:50 - 11:50 Natural Balanced Lips: Mastering the Balance of Natural Fullness with Juvederm® Volbella & Volift Dr. Chytra Anand, India
11:05 - 11:20 Paradoxical psoriasis Dr. Ashraf Reda, UAE	11:05 - 11:20 Treatment of Post-acne Scarring with Long-pulsed and Q-switched 1,064nm Nd:YAG Laser Dr. Khaled Gharib, Egypt	
11:20 - 11:35 Chronic Hand Eczema: Disease burden and new treatments Prof. Tove Agner, Denmark	11:20 - 11:35 Laser treatment of scars Dr. Louai Adnan Salah, KSA	

Conference Agenda

DAY 1 | Friday, 02 May 2025

Parallel Session 2

TRACK 1: HOT TOPICS IN DERMATOLOGY	TRACK 2: LASER SESSION UPDATES	BREAK-OUT A & B: FILLER WORKSHOPS
(Main Hall)	(Meeting Room 3 & 4)	(Meeting Room 1 & 2)
11:35 - 11:50 Updates HS Dr. Shaikhah Alabdulrazzaq, Kuwait	11:35 - 11:50 NdYag Laser: Beyond our expectations Dr. Ahmed Kadah, Egypt	11:50 - 12:50 Achieving Harmony with Juvederm® Voluma & Volux TM for Optimal Facial Structure and Contouring Dr. Leonard Josipovic, UAE
11:50 - 12:05 Updates of Alopecia Areata Dr. Jacek Szepietowski, Poland	11:50 - 12:05 25 year-experience laser and EBD outcomes Dr. Abeer Tawfik, KSA	
12:05 - 12:20 Mycosis Fungoides Dr. Yousef Bin Amer, KSA	12:05 - 12:30 Panel Discussion	
12:20 - 12:25 Panel Discussion		
12:25 - 12:55 SYMPOSIUM 1 & 2 Lilly Moderator: Dr. Raghda Almaashari Egblyss: Raise the bar in Atopic Dermatitis Management Dr. Ahmed Ameen, UAE		

12:55 - 14:15 JUMAA Prayer & Lunch Break | Exhibition Visit & Networking | Poster Viewing

Parallel Session 3

TRACK 1: GENERAL DERMATOLOGY	TRACK 2: INJECTABLES PART 1-2	BREAK-OUT A & B: LASER SESSION OF NATIONAL INSTITUTE OF LASER
(Main Hall) Moderators: Dr. Hussein Abdeldayem, Dr. Enas Attia, Dr. Omar BINMAHFOODH	(Meeting Room 3 & 4) Moderators: Dr. Chytra Anand, Dr. Khaled Gharib, Dr. Sameer Al Ali, Dr. Khaled Othman, Dr. Maiada Elsayah	(Meeting Room 1 & 2) Moderators: Dr. Abeer Tawfik, Dr. Noha Abdallah
14:15 - 14:30 Phototherapy Dr. Ahmed Al Issa, KSA	14:15 - 14:30 Beauty Standards in the Middle East - Past present and future Dr. Zeeshan Ahmad, UAE	14:15 - 15:45 1.5 hrs 14:15 - 14:25 Evaluation test (10 mins) Dr. Abeer Tawfik, Egypt Dr. Noha Abdallah, Egypt

Parallel Session 3

TRACK 1: GENERAL DERMATOLOGY	TRACK 2: INJECTABLES PART 1-2	BREAK-OUT A & B: LASER SESSION OF NATIONAL INSTITUTE OF LASER
(Main Hall)	(Meeting Room 3 & 4)	(Meeting Room 1 & 2)
14:30 - 14:45 Painful nails Dr. Faisal ALSubaiei, Kuwait	14:30 - 14:45 Lower face beautification Dr. Amr Kotb, Kuwait	Basics Course 14:25 - 14:40 Laser Tissue Interactions (15 mins) Dr. Noha Abdallah, Egypt
14:45 - 15:00 Patch testing: Unmasking hidden allergies in dermatology Prof. Tove Agner, Denmark	14:45 - 15:00 Most Difficult Lips to fill Dr. Sameer Al Ali, UAE	14:40 - 14:55 Laser Hair Reduction (15 mins) Dr. Abeer Tawfik, Egypt
15:00 - 15:15 UAE acne consensus Dr. Hussein Abdel Dayem, UAE	15:00 - 15:15 How to create natural lips? which technique for which lip Dr. Chytra Anand, India	14:55 - 15:10 Laser & Pigmentation (15 mins) Dr. Noha Abdallah, Egypt
15:15 - 15:30 Nail disorders in Children Dr. Faisal ALSubaiei, Kuwait	15:15 - 15:30 Lip filler techniques Prof. Dr. Filiz Canpolat, Turkiye	Advanced Course 15:10 - 15:30 Laser in hair disorders (20 mins) Dr. Abeer Tawfik, Egypt 15:30 - 15:45 Answers of evaluation tests and discussion (15 mins)
15:30 - 15:45 (Duet) Psoriasis Dr. Hussein Abdel Dayem, UAE Psoriatic Arthritis Dr. Aqeel A. Muhanna Ghanem, Kuwait	15:30 - 15:45 Alternative indications for Botox Dr. Chytra Anand, India	
15:45 - 15:55 Panel Discussion	15:45 - 16:00 Optimal facial structure and contouring by HA Dr. Leonard Josipovic, UAE	
15:55 - 16:10 SYMPOSIUM 3 Novartis Moderator: TBC Treat the Seen to Prevent the Unseen Dr. Ahmed Ameen, UAE	16:00 - 16:15 Botox: lower face tips Dr. Amr Kotb, Kuwait	
16:10 - 16:25 SYMPOSIUM 4 Pfizer Moderator: TBC New Era for the management of Alopecia Areata and Atopic Dermatitis Prof. Jacek Szepietowski, Poland	16:15 - 16:30 Tranexamic Acid for Melasma Treatment: A Split Face Study Dr. Khaled Gharib, Egypt	
16:25 - 16:35 Coffee Break Exhibition Visit & Online Networking	16:30 - 16:45 Non-surgical rhinoplasty (Liquid Rhinoplasty) Prof. Dr. Filiz Canpolat, Turkiye	
	16:45 - 16:55 Panel Discussion & Coffee Break	

Parallel Session 4

TRACK 1: GENITAL MALE AND FEMALE REGENERATIVE MEDICINE	TRACK 2: VITILIGO SURGERY WORKSHOP BY AIN SHAMS UNIVERSITY DERMATOLOGY DEPARTMENT	BREAK-OUT A & B: GCC RESIDENTS CHAMPIONSHIP PART 1 & 2
(Main Hall) Moderators: Dr. Salem Al Owais, Dr. Ernesto Delgado Cidranes, Dr. Fahad Usman, Dr. Ahmed Kadah	(Meeting Room 3 & 4) Moderators: Dr. Marwa Abdallah, Dr. Ahmed Nouh, Dr. Meera Aladawi	(Meeting Room 1 & 2) Experts / Facilitators: Dr. Fatma Khamdan, Prof. M Ramam, Dr. Chytra Anand
16:35 - 16:50 Erectile Dysfunction and Clitoris Dysfunction: Stem cells, Cytokines and Autologous Exosomes ant the combination with energy device Dr. Ernesto Delgado Cidranes, Spain	16:55 - 17:55 1 hr 16:55 - 17:00 Indications of Surgery in Vitiligo (5 mins) Dr. Marwa Abdallah, Egypt Dr. Enas Attia, UAE	Part 1 16:30 - 17:00 Part 2 17:00 - 17:30 Participating Countries Bahrain Kuwait Oman Saudi Arabia United Arab Emirates
16:50 - 17:05 Microneedle Radiofrequency & Exosomes: The Perfect Match for Vulvar Lichen Sclerosus Dr. Zuramis Estrada Blanco, Spain	Types of Surgery: 17:00 - 17:15 Minigrafting (15 mins)	
17:05 - 17:20 Regenerative Medicine Case Discussions: Before & After Results Dr. Fahad Usman, Pakistan	17:15 - 17:30 Suction blister grafting (15 mins)	
17:20 - 17:35 The Vaginal pH and Its Impact on Your Client's Wellness Dr. Manon Pilon, Canada	17:30 - 17:45 Non-cultured epidermal suspension (15 mins)	
17:35 - 17:50 Nanotechnology for Women's Health - Targeted Exosome Delivery via Electroporation. Innovative approach to personalized treatment for vulvovaginal atrophy Dr. Hichem Bensmail, France	17:45 - 17:55 Panel Discussion	
17:50 - 18:05 Tailored combinations of treatments, including thermal therapies, optimize long-term GSM management Dr. Hichem Bensmail, France		
17:55 - 18:05 Panel Discussion		

Conference Agenda

DAY 2 | Saturday, 03 May 2025

TIME	TOPIC	SPEAKER
07:45 - 08:55	Registration	
08:55 - 09:00	Welcome and Introduction	Master of Ceremony
09:00 - 09:05	Welcome Remarks	Dr. Khaled Othman, UAE - Conference President

Parallel Session 5

TRACK 1: DERMATOLOGY MISCELLANEOUS UPDATES	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES	BREAK-OUT A: WOUND SUTURING TECHNIQUES AND SIMPLE HANDS-ON WORKSHOP	BREAK-OUT B: FILLER WORKSHOP
(Main Hall) Moderators: Prof. Zbigniew Ruszczak, Dr. Fatima Al Nuaimi, Dr. Louai Adnan Salah	(Meeting Room 3 & 4) Moderators: Dr. Benjamin Ascher, Dr. Chytra Anand, Dr. Diala Haykal, Dr. Khaled Othman, Dr. Badreya Al Shehhi	(Meeting Room 2) Organized by: The Plastic & Reconstructive Surgery Department Zayed Military Hospital Course Director: Dr. Omar Al Ameri	(Meeting Room 1)
09:05 - 09:20 Clinico-pathologic correlations in pigmentary disorders Prof. M Ramam, India	09:05 - 09:20 AI in the cyber aesthetic medicine and surgery planet: where are we in 2025? Dr. Benjamin Ascher, France	09:00 - 09:05 Welcome message and Introduction to the workshop Dr. Omar Alameri, UAE	10:00 - 11:05 Signature Glow Younger: The Secret to Youthful Skin with VOLITE™ and BOTOX™ Dr. Chytra Anand, India
09:20 - 09:35 Emerging dermatophyte pathogens: Epidemiology and management of Trichophyton indotineae Dr. Zahir Osman Eltahir Babiker, UAE	09:20 - 09:35 Salmon sperm facials - the latest buzz in regeneration and glow Dr. Chytra Anand, India	09:05 - 09:20 Type of Suture Materials Dr. Wadima Mohammed AlHameli, UAE	
09:35 - 09:50 Melasma updates: Hyperpigmentation case Dr. Ahmed Nouh, Egypt	09:35 - 09:50 Next-Gen Aesthetic Practices: Leveraging AI for Smarter, Safer, and More Effective Treatments Dr. Diala Haykal, France	09:20 - 09:30 Suturing Instruments - How to Handle Dr. Fatima Alameri, UAE	
09:50 - 10:05 Biologics in children; Dr. Shaden Abdelhadi, UAE	09:50 - 10:05 The power of PDRN: DNA-driven skin regeneration Dr. Ahmed Kadah, Egypt	09:30 - 09:45 Technique of Taking a Simple Stitch Dr. Medhat Emil Habib, UAE	
10:05 - 10:20 Laser Treatment in Skin of Color, How to get best results and avoid complication Dr. Louai Adnan Salah, KSA	10:05 - 10:20 Periorbital hallowes ways of management Dr. Amr Kotb, Kuwait	09:45 - 10:00 Other Suturing Techniques & Special Situations Dr. Syed Sajjad Gilani, UAE	
10:20 - 10:40 (Duet) Eczema & Food Allergy: A Cross-Specialty Approach to Diagnosis & Management) Dr. Shaikhah Alabdulrazzaq, Kuwait Dr. Ravi Gutta, UAE	10:20 - 10:40 Use of Regenerative Medicine in Aesthetic Medicine Dr. Fahad Usman, Pakistan	10:00 - 10:20 Simple flap type Dr. Jasem Alshemeili, UAE	
10:40 - 10:50 Panel Discussion	10:40 - 10:55 New Solutions for Neuropathic Facial Pain after injectable Aesthetic Treatments Dr. Ernesto Delgado Cidranes, Spain	10:20 - 10:45 Coffee Break	
10:50 - 11:05 SYMPOSIUM 5 Abbvie Moderator: TBC Level UP in AD Management Dr. Hussein Abdel Dayem, UAE	10:55 - 11:05 Panel Discussion	10:45 - 12:00 Practical Practice on the Suturing Techniques All Speakers	
	11:05 - 11:20 Coffee Break Exhibition Visit & Online Networking Announcement of Aesthetics Poster winners		

Conference Agenda

DAY 2 | Saturday, 03 May 2025

Parallel Session 6

TRACK 1: AESTHETICS MISCELLANEOUS UPDATES - Prejuvenation & Rejuvenation	TRACK 2: EDS SESSION	BREAK-OUT A: WOUND SUTURING TECHNIQUES AND SIMPLE HANDS-ON WORKSHOP	BREAK-OUT B: IPHONOGRAPHY WORKSHOP
(Main Hall) Moderators: Dr. Diala Haykal, Dr. Benjamin Ascher, Dr. Manon Pilon, Dr. Fatima Al Shamsi, Dr. Khaled Othman	(Meeting Room 3 & 4) Moderators: Dr. Huda Rajab Ali, Dr. Raghda Al Maashari	(Meeting Room 2) Organized by: The Plastic & Reconstructive Surgery Department Zayed Military Hospital Course Director: Dr. Omar Al Ameri	(Meeting Room 1) Moderators: Dr. Fatima Al Marzouqi, Dr. Mariam Al Suwaidi
11:20 - 11:35 Ultrasound injection is critical for injectable treatment Dr. Jair Mauricio Cerón Bohórquez, Germany	11:20 - 11:35 Let's be a Life Changer Dr. Ahmed Ameen, UAE	Hands-On Workshop 12:00 - 13:00 Hands-on Workshop on simple flaps and wound Coverage Dr. Medhat Emil Habib, UAE Dr. Fatima Alameri, UAE Dr. Syed Sajjad Gilani, UAE Dr. Wadima AlHameli, UAE Dr. Jasem Alshemeili, UAE	11:20 - 13:20 2 hrs 1 hr Theory 1 hr Practical Dr. Ahmed Nouh, UAE Dr. Ahmed Kadah, UAE
11:35 - 11:50 The Finger Probe: a rupture device and method on ultrasound guide Injections Dr. Benjamin Ascher, France	11:35 - 11:50 As Needed Biologic Treatment for Psoriasis Dr. Hussein Abdel Dayem, UAE		
11:50 - 12:05 Prejuvenation: Redefining Aging Prevention with Science and Innovation Dr. Diala Haykal, France	11:50 - 12:05 Beauty's Dark Side Dr. Nabila Rashid, UAE		
12:05 - 12:20 Role of Platelet Growth Factors in Tissue Regeneration: Quantitative Dr. Annalisa Calisti, Italy	12:05 - 12:20 Treatment Algorithms for Hair Disorders Dr. Ameen Al Awadhi, UAE		
12:20 - 12:35 Facial rejuvenation protocol with 3 points Prof. Dr. Filiz Canpolat, Turkiye	12:20 - 12:35 Genomic Epidemiology of Dermatophytosis and the Clinical Presentation of Drug-Resistant Tinea Glabrosa in the UAE Dr. Srikumar Goturu, UAE		
12:35 - 12:50 Signature Glow Younger: The Secret to Youthful Skin Dr. Chytra Anand, India	12:35 - 12:50 Antimicrobial stewardship in Dermatology Dr. Bejoy Peethambaran, UAE		
12:50 - 13:05 How to Build Your Own Skincare: Avoid Costly Mistakes and Start a New Opportunity Dr. Manon Pilon, Canada	12:50 - 13:05 Panel Discussion		
13:05 - 13:20 Facial rejuvenation with laser vs injectables Dr. Bhavishna Soni, UAE	13:05 - 13:20 SYMPOSIUM 6 Lilly Moderator: Dr. Raghda Almaashari Advancing treatments for Better Psoriasis and Alopecia Areata Patients Outcomes Dr. Waqas Saad, UAE		
13:20 - 13:25 Panel Discussion			

13:00 - 14:00

Prayer & Lunch Break | Exhibition Visit & Networking

Parallel Session 7

TRACK 1: THE CANADIAN BOARD OF AESTHETIC MEDICINE SESSION (CBAM) and THINKIN COURSE	TRACK 2: AUTOIMMUNE	BREAK-OUT A & B: SOCIAL MEDIA WORKSHOP (Part 1: Basic)
(Main Hall) Moderators: Dr. Benjamin Ascher, Dr. Reza Akef, Dr. Khaled Othman	(Meeting Room 3 & 4) Moderators: Dr. Mohamed Abuzakouk, Dr. Zaidoon Abdel Hadi, Dr. Fatima Al Breiki	(Meeting Room 1 & 2) Moderator: Dr. Huda Rajab
14:00 - 14:15 Comparing temple injection with ultrasound Dr. Reza Akef, Canada	14:00 - 14:15 Updates in Lupus Dr. Mariam Al Mansoori, UAE	14:00 - 16:00 2 hrs Social Media Workshop (Part 1: Basic)
14:15 - 14:30 Botox in alopecia and hair loss Dr. Khaled Othman, UAE	14:15 - 14:30 Pemphigus treatment updates Dr. Yusra Al Ali, UAE	
14:30 - 14:45 Perioral rejuvenating: Why and what to combine? Dr. Reza Akef, Canada	14:30 - 14:45 Type 2 Skin Inflammation Prof. Martin Steinhoff, Qatar	
14:45 - 15:00 Needles versus Cannula for filler injection, Where are we? Dr. Khaled Othman, UAE	14:45 - 15:00 How to select the right biologic for your pt Dr. Mohamed Madbouly, UAE	
15:00 - 15:15 How safe is medical Rhinoplasty? Dr. Reza Akef, Canada	15:00 - 15:15 Urticaria Updates Dr. Mohamed Abuzakouk, UAE	
15:15 - 15:30 Aesthetic Toxins: from the present to the future Dr. Benjamin Ascher, France	15:15 - 15:30 (Duet) Vasculitis: Bridging Dermatology & Rheumatology Dr. Shatha Hajjaj, UAE and Dr. Mariam Al Mansoori, UAE	
15:30 - 15:45 Panel Discussion	15:30 - 15:45 Panel Discussion	
15:45 - 16:10 Coffee Break Exhibition Visit & Online Networking	15:45 - 16:00 SYMPOSIUM 7 J&J Moderator: TBC Start Strong, Go Long Dr. Mohamed Madbouly, UAE	
	16:00 - 16:10 Coffee Break Exhibition Visit & Online Networking	
	16:10 - 16:25 SYMPOSIUM 8 SANOFI Moderator: TBC Early Intervention and Disease Modification in Atopic Dermatitis: Can we Change the Course of the Disease? Prof. Martin Steinhoff, Qatar	

Conference Agenda

DAY 2 | Saturday, 03 May 2025

Parallel Session 8

TRACK 1: THREADS UPDATES	TRACK 2: SOCIAL MEDIA WORKSHOP (Part 2: Advanced)	BREAK-OUT A: LASER HANDS ON WORKSHOP	BREAK-OUT B: FINGERTIP ULTRASOUND PROBE CLASS SibUSWORKSHOP
(Main Hall) Moderators: Dr. George Sulamanidze, Dr. Albina Kajaia, Dr. Khaled Othman, Dr. Reza Akef, Dr. Matt Stefanelli	(Meeting Room 3 & 4) Moderator: Dr. Huda Rajab	(Meeting Room 2) Moderators: Dr. Abeer Tawfik, Dr. Noha Abdallah	(Meeting Room 1) Moderators: Dr. Benjamin Ascher, Dr. Jair Mauricio Ceron Bohorquez
16:10 - 16:25 Innovative Solid Bio-Stimulator Threads: Prolonged Effectiveness – Clinical Trials and Evidence Dr. Albina Kajaia, Georgia	16:25 - 17:35 1 hr, 10 mins Social Media Workshop (Part 2: Advanced)	16:10 - 17:30 1hr, 20 mins Laser Hands-on Workshop Laser hair reduction Skin Resurfacing Skin Tightening / Slimming Dr. Abeer Tawfik, Egypt, Dr. Noha Abdallah, Egypt	16:00 - 17:30 1 hr, 30 mins Fingertip Ultrasound Probe Class SibUS Dr. Benjamin Ascher, France Dr. Jair Mauricio Cerón Bohórquez, Germany
16:25 - 16:40 The Role of Threads in Facial Rejuvenation: Is a Skin Lift Possible Without Threads or Surgery? Dr. George Sulamanidze, Georgia			
16:40-16:55 Anatomy & Threads Dr. Matt Stefanelli, UAE			
Interactive Aptos threads symposium with video demonstration 16:55 - 17:30 1 hr APTOS Symposium Exploring New Technology - NAMICA Dr. Albina Kajaia, Georgia Dr. George Sulamanidze, Georgia			
16:40 - 16:55 (15 mins) APTOS Past, Present, Future and the New Era with NAMICA Dr. George Sulamanidze, Georgia			
16:55 - 17:10 (15 mins) Stimulation by Thread Lifting - Clinical Research Dr. Albina Kajaia, Georgia			
17:10 - 17:30 (20 mins) Expert Discussion: Dr. George Sulamanidze, Georgia Dr. Albina Kajaia, Georgia Invited KOL Speakers			

Conference Agenda

DAY 3 | Sunday, 04 May 2025

TIME	TOPIC	SPEAKER
08:30 - 09:00	Registration	
09:00 - 09:05	Welcome and Introduction	Master of Ceremony

VIRTUAL SESSION 1:

Moderators:

Dr. Isabel Hermenegildo, Dr. Mariam Baqi

09:05 - 09:20	Tips and trick that made my practice better	Dr. Mariam Baqi, Bahrain
09:20 - 09:35	Drug delivery the new trend, how to use it to achieve the best results	Dr. Isabel Hermenegildo, Portugal
09:35 - 09:50	The power of enzymes, beyond fillers and Botox	Dr. Mariam Baqi, Bahrain
09:50 - 10:05	Panel Discussion	

VIRTUAL SESSION 2:

PERIORBITAL ANATOMY & FILLERS COURSE

10:05 - 10:20	Forehead	Dr. Matt Stefanelli, UAE
10:20 - 10:35	Temple	Dr. Matt Stefanelli, UAE
10:35 - 10:50	Brow	Dr. Matt Stefanelli, UAE
10:50 - 11:05	Midface	Dr. Matt Stefanelli, UAE
11:05 - 11:15	Panel Discussion	

VIRTUAL SESSION 3:

REJUVENATION

11:15 - 11:30	Video lecture 1	
11:30 - 11:45	Carboxytherapy in alopecia standing alone or in synergy with other procedures	Dr. Isabel Hermenegildo, Portugal
11:45 - 12:00	Video lecture 2	
12:00 - 12:10	Panel Discussion	
12:10	CLOSING REMARKS & END OF THE CONFERENCE	

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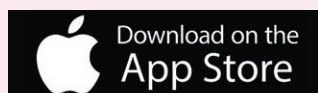




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