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11th Abu Dhabi International Conference in Dermatology & Aesthetics



02-03 May, 2025 (In person) 04 May, 2025 (Virtual)



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Welcome Message













Dear Colleagues,

On behalf of the Organizing and Scientific Committees, it is our great pleasure to invite you to the **11th Abu Dhabi International Conference in Dermatology and Aesthetics (AIDA)**, taking place from May 2-4, 2025, at the prestigious Conrad Hotel in Etihad Towers, Abu Dhabi, UAE. "May 4th, will be held virtually to ensure greater accessibility for participants worldwide.

Building on the remarkable success of our previous editions, AIDA has established itself as a leading platform in the region for advancing dermatology and aesthetics as essential pillars of healthcare. This dynamic and ever-evolving field is fueled by constant research, innovation, and collaboration, making regular updates and discussions vital. The AIDA Conference continues to attract professionals from across the globe, offering a unique blend of inspiration, knowledge sharing, and groundbreaking ideas that are shaping dermatology and aesthetic medicine in the UAE, the Middle East, and beyond.

This year, our dedicated Scientific Committee has curated a comprehensive three-day program featuring renowned national and international experts. Their exceptional insights will ensure a world-class experience, covering a wide range of topics that reflect the latest advancements in our field. The conference will focus on delivering evidence-based updates while addressing key challenges, emerging trends, and controversial topics in dermatologic surgery, aesthetic dermatology, anti-aging techniques, and laser technology. Through these discussions, we aim to enhance patient outcomes and empower practitioners with cutting-edge knowledge.

In addition to the robust scientific program, we have designed a variety of interactive and engaging activities to enrich your experience. These include hands-on workshops, meet-the-expert sessions, IMCAS Alert discussions, keynote presentations, case studies, live demonstrations, poster competitions, and opportunities for abstract submissions. Each of these is tailored to meet the diverse needs of skincare specialists and foster meaningful learning and collaboration.

We are confident that this year's conference will not only provide an unparalleled learning experience but also serve as a valuable platform for networking and building professional relationships. Together, we can continue to push the boundaries of innovation in dermatology and aesthetics, ultimately enhancing patient care and elevating the standards of our profession.

We look forward to welcoming you to Abu Dhabi from May 2-4, 2025, for this prestigious event where knowledge, collaboration, and excellence come together. Let us work hand in hand to shape the future of our field.

Dr. Khaled Othman Founder and Conference President,

Huda Rajab Ali

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Consultant Dermatology & Aesthetician Chairman of Skin & Slim Medical Center, Abu Dhabi. UAE

Dr. Meera Al Adawi Conference Vice President Sheikh Khalifa Medical City (SKMC), Abu Dhabi. UAF

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Meera Al Adami

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Scientific Committee Chair Consultant Dermatologist, Head of Dermatology Department Zayed Military Hospital, Abu Dhabi, UAE

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Learning Objectives

- Review current state-of-the-art advances in Dermatology, Aesthetics, Anti-aging Medicine, Laser and Cosmetics
- Apply gained knowledge to the care and treatment of patients
- Recognize new and evolving therapies for various conditions involving the skin.
- · Apply clinical practice recommendations and evidence-based guidelines to advance patient care in daily practice
- Implement evidence-based best practice strategies
- · Apply the various treatment options available

Highlighted Topics Include:

Dermatological Diseases

- Allergy
- Psoriasis
- · Advanced in Acne
- · Hair Care
- Hair Therapies and Transplantation
- · Bolus disease and Alopecia Areata
- Clinical Dermatology
- Dermatology: Therapies & Advances
- Diagnostic Techniques in Dermatology
- PIGMENTARY DISODERS (vitilgo, melasma, melanoma, hyper-pigmentations)
- Nail disorders
- Photodynamic therapy in medical and Aesthetic Dermatology
- Psychodermatology
- Dermatological Oncology
- Burns
- Paediatric Dermatology
- Acute dermatological Diseases
- Skin-Toxico Pharmacology
- Skin Cancer
- Clinical Immunology
- Viral Skin Infection
- Bacterial Skin Infection
- · Rosacea Update on Latest Treatments

Laser Therapy

- (acne treatment, vascular, resurfacing treatment of melasma and pigmentary disorders, hair growth and diode), + work shop
- Advanced laser treatment for skin diseases

Cosmetic Dermatology

- · Botox update+ work shop
- Fillers updates+ work shop
- The world of Chemical peels
- PRP and Mesotherapy hot topics
- Aging Dermatology
- Forever young concept
- Medical skin care and rejuvenation
- Peri-orbital and dark circles treatment
- Comprehensive acne scar treatment
- Perioral rejuvenation
- Treatment Options for Women's Hair
- · 1 0ss
- Pearls to Rejuvenate Aging Knees
- Things You Did Not Know You Could do with a Filler
- Fillers complications
- Non surgical lipodisolve

Minimal invasive Surgeries

- Non-invasive Lifting and tightening of the skin + work shop
- · Stem cells and fat grafting
- · Body contouring
- Hand and face rejuvenation
- · Threads face and body lifting
- · Female genital aesthetic
- Male genital aesthetic
- Facial lipoesculpture
- Liposuction and fate grafting
- Nose correction

Target Audience

- Clinical Dermatology
- Pediatric Dermatology
- Cosmetic Dermatology
- Psychodermatology
- Dermatological Oncology
- Aesthetic Medicine
- Anti-aging Medicine
- Plastic Surgery
- General Surgery
- Obstetrics & Gynecology
- Dental Medicine
- Family Medicine
- General Practitioners
- Nurses

Key Features

- Presentation by renowned speakers from over the world
- Poster presentations and world class exhibits
- Interactive Sessions
- Platform for global networking
- · Connecting scientific community



Dr. Dimitre Dimitrov Dermatologist, MOPA Sheikh Khalifa Medical City, Abu Dhabi, UAE



Dr. Amira Elsayed Bayumi Aesthetic Dermatology Specialist Medical City polyclinic, Oman



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11th Abu Dhabi International Conference in Dermatology & Aesthetics



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11th Abu Dhabi International **Conference in Dermatology**



02-03 May, 2025 (In person) 04 May, 2025 (Virtual)



Conrad at Etihad Towers, Abu Dhabi, UAE



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